Sharing and Teamwork

OBJECTIVE:
Children learn to share with others and work together as a team.

INTRODUCTION:
Watch this video for an overview of Day 2’s exercises by Ashlyn.

ACTIVITY:
Children will work with a partner to play Working Together. Player 1 will be blindfolded or turn their back to Player 2. Player 2 will build a creation out of any material (building bricks, dough, linking cubes, dominoes, paper, straws, etc). After Player 2 builds their creation, they must verbally describe how to build their creation to Player 1. Make sure they don’t accidentally reveal the identity of the creation! Player 1 listens to Player 2 carefully and follow the directions to build the creation. Players 1 and 2 then switch roles and play Working Together again. Alternatively, use the graphic organizer on the next page to have Player 2 write down the instructions and pass them to Player 1.

Did your partner successfully build your creation? Why or why not?

What was easy/difficult about this activity?

What will you do differently next time?

READ ALOUD SUGGESTIONS:
- Dog vs. Cat by Chris Gall
- Swimmy by Leo Lionni
- The Junkyard Wonders by Patricia Polacco
- The Juice Box Bully by Bob Sornson and Maria Dismondy

DAILY MINDFUL MINUTE
Visualizing:
Set a timer for one minute and close your eyes and visualize the happiest day of your life. Try to remember all the details you can of that happiest day. Spend time thinking for the entire minute.
Write instructions for how to build your creation.

STEP 1.

STEP 2.

STEP 3.

STEP 4.

STEP 5.

STEP 6.

STEP 7.

STEP 8.

STEP 9.

STEP 10.
Building social emotional learning and mindfulness is essential for children’s development at all ages. These daily activities allow opportunities for children to build character but also lead to meaningful conversations together at home. Each of the lessons features a daily topic focus that includes an introductory video for the child, an engaging activity, read aloud suggestions and a mindfulness moment for the day.

Meet the Developer
Ashlyn Ellsworth is a creative and energetic 3rd grade teacher from Phoenix, Arizona. Ashlyn has been teaching for 13 years with most of her experience in the primary grades. In addition to teaching full time, Ashlyn is also a designer and teacher author of The Creative Classroom. She enjoys sharing her creative classroom ideas, modeling how to build positive classroom environments and engaging students with classroom management strategies. Ashlyn has developed Mindful Minutes which are social emotional units for the classroom to help build character and mindfulness every day.